

## St Brigid's Athletics THURSDAYS September – November 2017

Athletics runs for **10 weeks** from **Thursday, 14 September 2017 to Thursday, 30 November 2017** in Shoreline Sports Park Charlesland. This activity is organised and run by St Brigid's parents to offer children the opportunity to learn sporting and athletics skills from experienced trainers with their classmates in an excellent facility at a low cost group rate.

**PLACES ARE LIMITED!! Please complete and return as soon as possible and no later than 9am Friday 8 September 2017**

| September 2017             | October 2017                        | November 2017   |
|----------------------------|-------------------------------------|---|
| 14 Sep<br>21 Sep<br>28 Sep | 5 Oct<br>12 Oct<br>19 Oct<br>26 Oct | <i>2 November – mid term – No Athletics</i><br>9 Nov<br>16 Nov<br><i>23 November – parent/teacher meetings – No Athletics</i><br>30 Nov |

2pm-3pm – Junior and Senior Infants  
 3pm-4pm – 1<sup>st</sup> and 2<sup>nd</sup> class only  
 4pm-5pm – 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> & 6<sup>th</sup> class

**Cost: €26 per pupil - cash or cheque payable to 'Charlesland Sport and Recreation Park'**

You will be notified by email or text to confirm a place (if slips are returned on time)

Jean Maxwell 086 831 2586  
 jeandeally@gmail.com  
 St Brigid's Parents Association  
 30 August 2017

*Charlesland Sports and Recreation Park says...*

*"Activities available include long jump, high jump, hurdles, javelin, shot put, discus, hammer, plyometrics, ladder drills, fun orienteering, archery, rock wall climbing, rounders etc. All activities help increase the child's sporting abilities in a fun environment. Children develop key skills such as balance, hand-eye co-ordination and posture. It allows the child to participate in many sporting activities in a relaxed atmosphere."*

I would like my child to take part in the St Brigid's athletics programme in Charlesland Sports & Recreation Park. **Please include your email\*** below as most communications will go out by email. Please tick box here if you are able to volunteer for the parents (toilet) supervision rota for the 2-3pm session (garda vetting compulsory). \_\_\_\_\_

My Child's details: Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Age: \_\_\_\_\_ Class: \_\_\_\_\_ Room No.: \_\_\_\_\_

Any Medical Conditions: \_\_\_\_\_

|   |           |  |           |   |
|---|-----------|--|-----------|---|
| <input type="checkbox"/> <b>2-3pm</b> (for Jr & Sr Infants) | <b>or</b> | <input type="checkbox"/> <b>3-4pm</b> (for 1 <sup>st</sup> & 2 <sup>nd</sup> class only) | <b>or</b> | <input type="checkbox"/> <b>4-5pm</b> (3 <sup>rd</sup> – 6 <sup>th</sup> classes) |
|---|-----------|--|-----------|---|

Parent's Name: \_\_\_\_\_ Mobile: \_\_\_\_\_

**email\*:** \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I enclose  **€26 cash** Or  **€26 cheque** payable to Charlesland Sport and Recreation Park